Republic of Rwanda

WORKFORCE DEVELOPMENT AUTHORITY - WDA



Ministry of Education



Empowering people with employable skills and entrepreneurship capacity

P. O. BOX 2707 KIGALI Tel: (+250) 255113365 E-mail: info@wda.gov.rw Web site: www.wda.gov.rw

BAEHD1001-TVET FOUNDATION CERTIFICATE IN HAIR DRESSING RTQF Level 1 Curriculum



March, 2015

ACRONYMS

WFWI Women for women international

RTQF Rwanda TVET qualification framework

TVET Technical vocational education and training

VSLAs Village Saving And lending Associations

WDA Workforce development authority

PTSD Post Traumatic Stress Disorder

HIV/AIDS Human immunodeficiency virus /Acquired Immunodeficiency Syndrome

Edited by

Training Planning and Coordination Expert, Women for Women International

Alphonse NKUBANA

Email:kubaalpha@yahoo.fr

Hotline: (+250)782530933

Editing coordination

Deputy Director of Programs, Women For women international

Teddy KABERUKA

Table of contents	
SECTION 1: GENERAL INTRODUCTION	
CONCEPTS AND DEFINITIONS	6
QUALIFICATION	9
RATIONALE OF THE QUALIFICATION	11
RATIONALE OF THE QUALIFICATION	11
EMPLOYABILITY AND LIFE SKILLS	
MODULES AND QUALIFICATION RULES	
SECTION 3: TRAINING PACKAGE	
COMPETENCES CHART	
COMPETENCE CHART	16
FLOWCHART	17
CM101: OCCUPATION AND TRAINING PROCESS	19
Learning unit 1:Understand oneself as part of a team and respect the rules of the workshop	21
Learning unit 2: Learn about the occupation and the training process	21
Learning unit 3: Reflect upon the teaching and learning methods	22
Learning unit 3: Reflect upon the teaching and learning methods	23
LSCM: LIFE SKILLS	

Learning unit 1: Manage household income, finances and assets	27
Learning unit: 2 Describe Social Network and safety-nets	29
Learning unit 3: Describe Health and Wellness	32
Learning unit 4: Describe Family and Community Decision-making	40
Assessment Guidelines	44
CM107: RUNNING MICROBUSINESS	67
Learning unit 1: Apply basic arithmetic operations and literacy	70
Learning unit 2: Develop entrepreneurial mind-set	72
Learning unit 3: Manage finance	
Learning unit 4: Perform record keeping and budgeting	75
Learning unit 5: Manage a small business	76
Learning unit 6: Prepare a business plan for a micro business	77
Learning unit 7: Manage cooperative	78
Assessment guidelines	81
CM: APPLYING HAIR BRAIDING	93
Learning unit 1: Greet and prepare clients for salon services	95
Learning unit 2: Prepare work place	97
Learning unit 3: Apply hair braiding techniques	99
Learning unit 4: Apply finishing techniques	102
CM: APPLYING HAIR CHAMPOOING	103
Learning unit 1: Greet and prepare clients for salon services	105
Learning unit 2: Prepare work place	106
Learning unit 3: 3.Apply hair shampooing	
Learning unit 4: Apply finishing shampooing	110
CM: APPLYING HAIR COLOR PRODUCT	111

Learning unit 1: Greet and prepare clients for salon services	113
Learning unit 2: Prepare work place	115
Learning unit 3: Apply color product	117
Learning unit 4: Apply finishing of hair color product	119
4.2.Combine on hair color product	119
Procedures of combing color product	
CM: HAIRCUTTING	121
Learning unit 1: Greet and prepare clients for salon services	
Learning unit 2: Prepare work place	
Learning unit 3: Apply hair cutting techniques	
Learning unit 4: Apply finishing technics	128
Assessment guideline	Error! Bookmark not defined.

SECTION 1: GENERAL INTRODUCTION

The curriculum presents a coherent and significant set of competences to acquire in order to perform the occupation of a **Hairdresser**. The curriculum design approach has taken into account the training needs, the work situation, as well as the goals and the means to implement training.

The modules of the curriculum include a description of the expected results at the end of training. They have a direct influence on the choice of the theoretical and practical learning activities. The competences are the targets of training: the acquisition of each is required for certification.

The curriculum is the reference to carry out the assessment of learning. Assessment tools are developed on the basis of this document.

The present curriculum consists of three sections. The first section is of general interest and shows the nature and goals of a program and the key concepts and definitions used in the document. The second section deals with the qualification the learner will achieve at the end of training. The last section is the actual training package containing all the modules of the qualification.

The pages describing the modules are the heart of a curriculum. They present the title of the module, the length of training, the amount of credits, the context in which the competence is performed, the prerequisite competences, the learning units and the performance criteria.

In each module, a course structure is provided. The course structure describes the learning outcomes (knowledge, skills and attitudes) and the learning contents related to each learning unit. Also, learning activities and resources for learning are suggested.

Finally, the assessment specifications and guidelines are included in each module.

CONCEPTS AND DEFINITIONS

Assessment: the process of gathering and judging evidence in order to decide whether a person has attained a standard of performance.

Competence: A competence is the result of a combination of knowledge and skills. This integration is demonstrated when the learner is able to achieve specific results and performances, understand what he/she does and do it autonomously.

Complementary competences: (also known as employability skills or key skills) skills which are not specific to work in a specific occupation or industry, but are important for work, education and life generally, such as communication skills, mathematical skills, organisational skills, computer literacy, interpersonal competence and analytical skills.

Core modules: describe the competencies within a competency standard that an industry sector has agreed are essential to be achieved if a person is to be accepted as competent at a particular level. All modules may be core, but in many cases competency at a level will involve core modules plus optional or specialisation modules. Core competencies are normally those central to work in a particular industry.

Credit: the acknowledgement that a person has satisfied the requirements of a module.

Elective modules: are modules that can be used to complete a qualification and broaden the competencies of the learners. The electives are not part of the qualification and the learner does not have to succeed in the assessment of elective modules in order to progress to the next level.

General competences: competences correspond to larger operations that go beyond the tasks, but generally contribute to their implementation. These activities require more fundamental learning and are generally common to several tasks and transferable to many work situations.

Generic modules: describe the complementary competences.

Learning activities: suggested activities that can be developed during lesson planning and activity preparation. The choice of learning activities must be tailored according to group size, available material resources and communication tools.

Learning assumed to be in place: a requirement for the attainment of a specific module or modules prior to commencement of another module.

Learning hours: amount of hours required to acquire the competence, including the time allocated to evaluation, which is estimated between 5 and 10% of the total learning time of the competence.

Learning outcomes: are statements that indicate what learners will know or be able to do as a result of a learning activity. Learning outcomes are usually expressed as knowledge, skills, or attitudes.

Learning unit: any of the basic building blocks of a module which describes the key activities or elements of the work covered by the module.

Module: a unit of education or training which corresponds to one competence and can be completed on its own or as part of a qualification.

Occupation: the principal business of one's life.

Performance criteria: are descriptions of the quality requirements of the result obtained in labour performance.

Specific competences: competences that are directly related to the tasks of the occupation in the workplace context. They refer to concrete, practical, and focused aspects.

QUALIFICATION

TITLE OF THE	
QUALIFICATION	TVET Foundation level in Hair and Beauty
:	
LEVEL:	Foundation level , BA
CREDITS:	20
SECTOR:	HAIR AND BEAUTY,

SUB-SECTOR:	HAIRDRESSING
ISSUE DATE:	March ,2015
REVIEW DATE:	

RATIONALE OF THE QUALIFICATION

The Hair and beauty sector is one of the highest priority sectors in the Rwandan economy. This qualification prepares individuals to integrate Hair and beauty sector and operate as **a Hairdresser**. This qualification constitutes a basis for further learning in Hairdressing, especially in Hairdresser.

Possible Job positions related to this qualification include::

- Hair braiding style
- Hair colour products
- Layered Hair cut structure
- Hair shampooing
- Hairstyles management

ENTRY REQUIREMENTS TO THE QUALIFICATION

Must be physically, emotionally, psychologically and mentally fit

EMPLOYABILITY AND LIFE SKILLS

Through the generic modules, individuals with this qualification have acquired the life skills and employability skills that are described in the table below.

Personal	- Understand own personal values, strengths and areas of challenge or weakness and are able				
development	to effectively use or address them;				
	- Develop, implement and evaluate progress toward personal goals;				
	- Know own preferred way of learning, take initiative for learning new skills, and know how				
	to monitor own learning progress.				
Health,	- Know the standard health and safety practices and regulations in the workplace;				
hygiene and	- Maintain hygiene and personal grooming;				
safety	- Identify unsafe situations;				
	- Respond to emergencies and accidents at work;				
	- Prevent HIV/AIDS and sexual violence.				
Financial	- Understand principles and tools behind personal and family money-management;				
fitness	- Understand the importance of saving and reducing expenses;				
	- Organize and manage personal and household finances;				
	- Create a personal budget and think strategically about their finances;				

	 Evaluate their options for earning money and are familiar with ways to establish and maintain personal credit; Beware of the risks associated with credit. 				
Management	- Simulate income-generating activities with the basic cycles of business;				
of a small	- Plan for income-generating activity expenses and loan repayments;				
business	- Keep basic business financial records;				
	- Evaluate the risks and opportunities of using credit in income generating contexts;				
	- Distinguish between money to be used for investment into own income-generating				
	activities, for family expenses, and for savings;				
	- Know the different market actors.				

MODULES AND QUALIFICATION RULES

To achieve the *TVET foundation level 1* in *Hairdressing: Hairdresser*, 4 modules must be completed (

- 3 generic modules
- 1 mandatory modules

Module Codes Module types and title Credit	Value
--	-------

Generic modules					
CM101	Understand occupation and learning process 10				
LSCM	Manage Basic Life skills 48				
CM107	Running Microbusiness 60				
Core modules					
ACDRM 301	Applying basic hair braiding	90			
ACDRM 302	Applying basic hair Champoing skills	50			
ACDRM 303	Applying basic hair Color Product skills	40			
ACDRM 304	Basic Hair Cutting skills	70			
Total		368			

SECTION 3: TRAINING PACKAGE

The training package includes the competences chart, the sequencing of module learning, the description of each module, and the course structure.

COMPETENCES CHART

The competences chart is a table that presents an overview of the specific competences, the general competences, the work process and the time allocated to each competence. This table provides an overall view of the competences of the training programme and allows to identify the logical sequence of the learning of these competences.

The competences chart shows the relationship between general competences and specific competences that are particular to the occupation, as well as the key stages of the work process. It shows the links between the elements in the horizontally axis and those vertical axis. The symbol (O) marks a relationship between a general competence and specific competence. The symbol

(\triangle) indicates a relationship between a specific competence and a step in the process of work. When the symbols are darkened, it indicates that the link is taken into account in the description of the specific competence.

The competences chart allows the trainer to consider the complexity of the competences in the organization of the progress of learning. Therefore, the vertical axis shows the specific competences in the order they should be acquired. This is the starting point of the presentation of the competences in the flowchart presented in the following pages.

COMPETENCE CHART

HAIRDI	RESSING							PRO	CESSES			ERAL IPENT	ENCE	
SPECIFIC C	OMPETENCES	DURATION	Prepare workplace materials, tools and equipment	Identify the work	Specify requirements	Organize Work place	Execute the work (process)	Test work done	Provide advises to client for maintenance practices	Rearrange the workplace, tools and equipment	Occupational and learning	Life skills	Running microbusiness	TRAINING DURATION
(IB	NUMBER										1	2	3	
NUMB ER	DURATION	Н									10	48	60	118
4	Apply Basic Hair Braiding skills	90	A	A	A	A	A	A	A	A	0	0	0	0
5	Apply Basic Hair Champoing skills	50	A	•	A	A	A	•	A	A	0	0	0	0
6	Apply Basic Hair Color Product skills	40	•	A	•	A	•	•	•	A	0	0	0	0
7	Apply Basic Hair Cutting skills	70	A	A	•	A	•	A	A	A	0	0	0	0
TOTAL		250												368

Between the process and particular competences

Between general and particular competences

▲: Functional link application

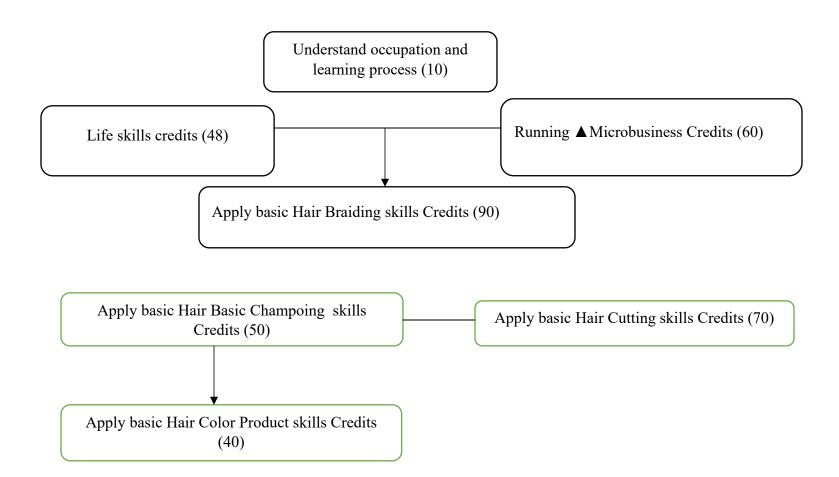
•: Functional link application

FLOWCHART

The flowchart of sequencing of learning is a schematic representation of the order of acquisition of the competences. It provides an overall planning of the entire training programme and shows the relationship between the modules. This type of planning is to ensure consistency and progression of learning.

For each module, the flowchart shows the learning that is already in place, the learning that is to take in parallel or later. The positions defined will have a decisive impact on all subsequent pedagogical choices.

The flowchart of the sequence of learning of the modules of the training programme is presented on the following page



	CM101: OCCUPATION	N AND TRAINING P	PROCESS		
C	Competence 1: Understand t	he occupation and train	ining process		
RTQF LEVEL: 1	CREDITS: 1		LEARNING HOURS: 10		
SECTOR: All		SUB-SECTOR:	All		
ISSUE DATE: January 2013		REVIEW DATI	E:		

PURPOSE STATEMENT

This module is covered first. It allows the trainee to get to know the other participants to the training programme and to understand himself/herself as part of a team. Also, the trainee will develop a comprehensive and clear vision of the occupation and the training programme. The module will allow the participant to avoid mistakes of career guidance and confirm or deny his/her choice from the start.

The training and learning methods are presented to the trainee. This approach encourages greater motivation and, subsequently, a better integration of various learning.

LEARNING ASSUMED TO BE IN PLACE

Not applicable

LEARNING UNITS AND PERFORMANCE CRITERIA

Learning units describe the essential outcomes of a competence.

Performance criteria describe the required performance needed to demonstrate achievement of the learning unit.

Learning unit	Performance criteria
By the end of the module, the trainee will be able to:	
1. Understand oneself as part of a team	1.1 Know each other
and respect the rules of the workshop	1.2 Be part of a team and behave accordingly
	1.3 Rules and requirements are agreed upon and known
2.Learn about the occupation and the	2.1 The occupation is understood
training process	2.2 The training required is known
	2.3 The training organization is known
3. Reflect upon the teaching and learning	3.1 The active and participatory learning methods are applied
methods	3.2 The assessment method is understood

COURSE STRUCTURE

The course structure describes the learning outcomes for each learning unit. These learning outcomes are the essential skills and knowledge to be acquired. The contents to be covered for each learning outcome are prescriptive. The learning activities contain a series of suggestions, usually with several options, that will guide the learner and the trainer.

Learning unit 1:Understand oneself as part of a team and respect the rules of the workshop learning hours:3

Learning outcomes	Contents	Learning activities	Resources
1.1 Introduce oneself and	Introductions	• Introduction	
get to know one another	• Expectations about the	• Game	
	training	• Presentation of trainees'	
		expectations	
1.2 Work as a team	• Working as a team	• Games	pictures
	Building trust	Group discussions	
	• communication	• role play	
1.3 Set rules and	• Rules of the classroom	Brainstorming	
responsibilities	Group responsibilities	• Discussions	

Learning unit 2: Learn about the occupation and the training process

Learning outcomes	Contents	Learning activities	Resources
2.1 Understand the occupation	• Characteristics of the occupation	 Personal research Visit of a business in the	• Pictures of people in working situation
	Working conditions	neighborhood	Documents describing

		• role model	the occupation
2.2 Obtain an understanding of the goals of the training programme	 Content of the training programme (modules) Importance of the initial and continuous training 	 Presentation by the trainer Research presentation by trainee 	 Overview of the training programme Testimonies of people performing the occupation pictures
2.3 Have a common understanding of the training organisation	 Presentation of the timetable Presentation of the classrooms and workshops 	• Visits of the premises of the school	School year calendarTimetable

Learning unit 3: Reflect upon the teaching and learning methods

Learning hours: 3 Learning activities Learning outcomes Contents Resources 3.1 Understand the • Overview of the active • Experience sharing teaching and learning and participatory • Presentation by the teaching and learning trainer methods methods • presentation by trainee • site visit 3.2 Understand the • Explanation by the • Assessment methodology and its assessment methodology trainer purpose

Reference books:

- 1. Work Readiness Training Programme Trainer's Manual, Akazi Kanoze Youth Livelihoods Project.
- 2. Work Readiness Training Programme Participant's Manual, Akazi Kanoze Youth Livelihoods Project.

Assessment guidelines

To pass this module, the student has to:

Complete the portfolio, WHICH INCLUDES:

- 1. Self assessment form
- 2. Tree drawing
- 3. List of 5 goals
- 4. Skills and qualities assessment
- 5. Steps to reach goals
- 6. Learning goals and steps
- 7. Business visit's form

Elements 1 to 6 are available in the Work Readiness Training Programme – Participant's Manual

Suggestion for the business visit's form:

- What interested you during the visit?
- What surprised you?
- What did you like?
- What are your expectations?
- What is your opinion on:
- The working conditions

- The training duration
- The economic opportunities motivation

LSCM: LIFE SKILLS					
	Competence: Manage Basic life skills				
RTQF LEVEL: ALL	RTQF LEVEL: ALL CREDITS: 4.8 LEARNING HOURS: 48				
SECTOR: All		SUB-SECTOR:	All		
ISSUE DATE: March, 2015		REVIEW DATI	E:		

STATEMENT PURPOSE

This module describes the skills and knowledge required to manage household income, finances and assets to describe Social Networks and safety-nets, health and wellness and family and community Decision-making. At the end of this module the participants—are able to organize and manage personal and household finances, they are able to understand the importance of saving and reducing expenses.

They are able to form an advocacy group and manage it, they are able to identify the characteristics of an effective support group. At the end of this module the participants will also have skills and knowledge about health and wellness, the participants will be able to describe stress and post-traumatic stress disorder , to manage Post-

Traumatic stress .they will be able to describe Reproductive anatomy of the female and male and the importance of understanding reproductive anatomy, they will be able to prevent the transmitted infections and HIV/ AIDS, identify strategies to ensure Hygiene, family planning Methods. The will be able to describe food nutrition and understand the importance of eating healthier.

The participants will have skills and knowledge about family and Community Decision-making, they will be able to describe gender equality, factors which can strengthen women's role in household Decision-making, to identify women's rights, to describe law of marriage, divorce and child custody and ownership, inheritance and asset control. They will be able to describe violence and rape and understand the importance of civic participation.

1. Manage household	1.1 Correct Identification of activities Women do that can benefit the			
income, finances and assets	family and community			
	1.2 Proper Description of gender division of labor			
	1.3 Proper Description of achieving work-life Balance			
	1.4 Proper Description of household finances			
	1.5 Proper identification of Household savings			
	1.6 Proper Management of house finances			
2. Describe social Networks	2.1 Proper Description of social network			
and Safety-nets	2.2Proper Description of value of social network			
	2.3 Proper Description of characteristics of an effective support group			
	2.4 Proper Description of an advocacy group			
	2.5 Proper Description of a successful advocacy group requirements			
	2.6 Proper Identification of challenges of advocacy group			

2 D H H	2.1 D D '.' C 1.1 1/1	
3. Describe Health and wellness	3.1 Proper Description of good health	
	3.2 Proper Identification of health issues that affect the community	
	3.3 Proper Description of universal rights to health and health care	
	3.4 Proper Identification of stress characteristics	
	3.5 Correct Identification of stress symptoms	
	3.6 Proper Description of post-traumatic stress disorder	
	3.7 Proper Management of stress and PTSD	
	3.8 Proper Description of reproductive anatomy of the female and Male 3.9 Correct Description of pregnancy ,birth and infant care 3.10 Proper Description of Family planning 3.11 Proper Prevention of sexually transmitted infections and HIV/AIDS 3.12 Proper Description of personal and family hygiene and nutrition 3.13 Adequate Identification of strategies to ensure hygiene 3.14 Proper Description of nutrition	
4. Describe Family and community Decision-Making	4.1. Correct Description of gender equality	
community Decision-Making	4.1 Correct Description of gender equality	
	4.2 Proper Description of factors can strengthen women's role in household	
	decision-making	
	4.3 Proper Identification of women's rights,	
	4.4 Proper Description of Legal of Ownership, Inheritance and Control of	
	assets	
	4.5 Proper Description of Legal of Marriage ,Divorce and Child custody	
	4.6 Proper Description of Domestic Violence and Rape	
	4.7 Correct Description of civic participation	
	4.8 Proper Identification of the key areas for civic Action in community	

Learning units and performance criteria

Learning units describe the essential outcomes of a competence.

Performance criteria describe the required performance needed to demonstrate achievement of the learning unit.

Learning unit 1: Manage household income, finances and assets

Learning outcomes	content	learning activities	Resources
1.1 Identify activities women do that benefit family and community	 Definition of women's work Perceptions of women's work Description of the value of women's work Identification of activities women do that benefit family and community Description of constraints faced by women to do Reproductive work 	 Group discussion Brainstorming technic Participatory method Expository method Role Play Scenario 	 Flipcharts Markers Pen Notebook Paper Visual aids
1.2 Describe Gender Division of labor	 Description of Gender Roles And Division of Labor Identification of challenges of working the double day Description of women as Heads of household Description of Women in the workforce 	 Group discussion Brainstorming technic Participatory method Expository method Exercise Role Play Scenario 	 Flipcharts Markers Pen Notebook Paper Visual aids

1.3 Achieve work-life balance	 Definition of work-life balance Description of Gender division of labor in the home Achieving work-life balance by Gender Division of labor Achieving work-life balance in your life Homework assignment and time management 	 Group discussion Brainstorming technic Participatory method Expository method Exercise Role play Scenario 	 Flipcharts Markers Pen Notebook Paper Visual aids
1.4 Describe household Finances	 Definition of income and expenditure Identification of household expenditures Identification of sources of income 	 Group discussion Brainstorming technic Participatory method Expository method Role Play Scenario 	 Flipcharts Markers Pen Notebook Paper Visual aids
1.5 Describe household Savings	 Definition of saving and assets Identification of benefits of saving Description of assets creation and household savings Mechanisms for Asset creation Matching savings Mechanisms to specific goals Setting goals for Household savings 	 Group discussion Brainstorming technic Participatory method Expository method Exercise Role Play Scenario 	 Flipcharts Markers Pen Notebook Paper Visual aids

1.6 Manage Household	Definition of household budget	 Group discussion Brainstorming	- Flipcharts - Markers
Finances	Estimating Household Budget	technic	- Pen
	 ✓ Expenditure ✓ Income ✓ Household savings Managing the household Budget 	 Participatory method Expository method Exercise Role play Scenario 	NotebookPaperVisual aids

Learning unit: 2 Describe Social Network and safety-nets

Learning	content	learning activities	resources
outcomes			
2.1 Describe	 Definition of social network 	 Group discussion 	- Flipcharts
social	 Identification of value of social 	 Brainstorming technic 	- Markers
network	network	 Participatory method 	- Pen
	 Description of social network and 	 Expository method 	- Notebook
	support Group	o Exercise	- Paper
	 Description of value of advocacy 	o Role play scenario	- Visual aids
	Group in social Network		

2.2 Build effective social networks	 Identification of characteristics of an effective support Group Identification of challenges in building social support networks 	 Group discussion Brainstorming technic Participatory method Expository method Exercise Role play scenario 	FlipchartsMarkersPenNotebookPaperVisual aids
2.3 Describe Leadership skills in social network	 Definition of leadership Describe advocacy skills Identification of essential characteristics for the people who seek to play leadership Role in social network 	 Group discussion Brainstorming technic Participatory method Expository method Exercise Role play scenario 	FlipchartsMarkersPenNotebookPaperVisual aids

2.4 Strengthen	Identification of problems	 Group discussion 	- Flipcharts
an advocacy	that affect all women in the	 Brainstorming 	- Markers
Group	group and is a concern for	technic	- Pen
	others in community	 Participatory method 	- Notebook
		 Expository method 	- Paper
		o Exercise	- Visual aids
		 Role play scenario 	

2.5 Manage and Negotiate conflict	 Identification of potential areas of conflict Description of seeking common ground Management of conflict through negotiation 	 Group discussion Brainstorming technic Participatory method Expository method Exercise Role play scenario 	 Flipcharts Markers Pen Notebook Paper Visual aids
2.6 Develop action plan	 Identification of steps of action plan development such us ✓ Conduct Problem analysis Identification of cause or causes of problem Identification of who is responsible and why Identification of who all are affected by problem and how 	 Group discussion Brainstorming technic Participatory method Expository method Exercise Role play scenario 	 Flipcharts Markers Pen Notebook Paper Visual aids

Learning unit 3: Describe Health and Wellness 20

Learning outcomes	content	learning activities	Resources
3.1 Describe good health	 Definition of health and wellness Definition of good health Identification of benefits of Good health 	 Group discussion Brainstorming technic Participatory method Expository method Role Play Scenario 	 Flipcharts Markers Pen Notebook Paper Visual aids
3.2 Identify health's problems that affect people in community	 Identification of issues affect people in community Describe main factors that contribute to poor health Identification of poor health consequences 	 Group discussion Brainstorming technic Participatory method Expository method Exercise Role Play Scenario 	 Flipcharts Markers Pen Notebook Paper Visual aids
3.3 Describe universal rights to health and health care	 Description of universal rights to health and heath care Identification of universal rights to health and heath care Description of Constraints to ensuring Good Health 	 Group discussion Brainstorming technic Participatory method Expository method Exercise Role play Scenario 	 Flipcharts Markers Pen Notebook Paper Visual aids

3.4 Describe stress	 Definition of stress Description of stress characteristics Identification of causes of stress 	 Group discussion Brainstorming technic Participatory method Expository method visit field Exercise Role play scenario 	 Flipcharts Markers Pen Notebook Paper Visual aids
3.5 Identify stress symptoms	 Definition of stress symptoms Description of stress symptoms such as: ✓ Cognitive Symptoms Memory problems Inability to concentrate Poor judgment Seeing only the negative Anxious or racing thoughts Constant worrying ✓ Emotional Symptoms Moodiness Irritability or short 	 Group discussion Brainstorming technic Participatory method Expository method Exercise Role play scenario 	 Flipcharts Markers Pen Notebook Paper Visual aids

temper	
♣ Agitation, inability to	
relax	
Feeling overwhelmed	
♣ Sense of loneliness	
and isolation	
♣ Depression or	
general unhappiness	
4	
✓ Physical Symptoms	
♣ Aches and pains	
↓ Diarrhea or	
constipation	
♣ Nausea, dizziness	
♣ Chest pain, rapid	
heartbeat	
♣ Loss of sex drive	
Frequent colds	
Troquent colds	
✓ Behavioral	
Symptoms	
↓ Eating more or less	
♣ Sleeping too much or	
too little	
4	

	from others Procrastinating or neglecting responsibilities Using alcohol, cigarettes, or drugs to relax Nervous habits (e.g. nail biting, pacing)		
3.6 Describe post-traumatic stress disorder	 Definition of post-traumatic stress disorder Description of chronic stress Identification of strategies to reduce stress Identification of events can lead to PTSD Identification of Signs and symptoms of PTSD 	 Group discussion Brainstorming technic Participatory method Expository method Exercise Role play scenario 	 Flipcharts Markers Pen Notebook Paper Visual aids
3.7 Manage post-traumatic stress disorder	Description of self-help strategies for PSTD such as: ✓ Reach out to others for support ✓ Avoid alcohol and drugs	 Group discussion Brainstorming technic Participatory method Expository method Exercise Role play scenario 	 Flipcharts Markers Pen Notebook Paper Visual aids

/ 61 11	
✓ Challenge your	
sense of	
helplessness	
✓ Positive ways	
of coping with	
PTSD:	
✓ Learn about	
trauma and	
PTSD	
✓ Join a PTSD	
support group	
✓ Practice	
relaxation	
techniques	
✓ Pursue outdoor	
activities	
✓ Confide in a	
person you trust	
✓ Spend time	
with positive	
people	
✓ Avoid alcohol	
and drugs	
✓ Enjoy the peace	
of nature	
of nature	
Spend time in nature	
 Avoidance and numbing 	
Avoidance and numbing	

3.8 Delineate sexual and reproductive health	 Definition of sexual health Definition of reproductive health Description of reproductive anatomy of female and Male Importance of understanding the reproductive anatomy Description of women's reproductive cycles: ✓ Menstruation ✓ Conception Description of common reproductive issues Identification of symptoms 	 Group discussion Brainstorming technic Participatory method Expository method Exercise Role play scenario 	 Flipcharts Markers Pen Notebook Paper Visual aids
3.9 Describe pregnancy ,birth and infant care	 of urinary infections Definition of pregnancy Description of stages of pregnancy Description of things every pregnant women should know such as: ✓ Prenatal vitamins can make you sick ✓ Ultrasounds are Identification of problems every pregnant woman face 	 Group discussion Brainstorming technic Participatory method Expository method Exercise Role play scenario 	 Flipcharts Markers Pen Notebook Paper Visual aids

	 Describe constraints to safe pregnancies Identification of nutrition for newborns Identification of infant nutrition 		
3.10 Describe family planning and birth control	 Definition of family planning Identification of strategies used to make family planning Such as: Birth spacing Birth control and contraception Tradition methods of contraception Modern methods of contraception and birth control Identification of types of birth control or contraception and their advantages and disadvantages 	 Group discussion Brainstorming technic Participatory method Expository method Exercise Role play scenario 	 Flipcharts Markers Pen Notebook Paper Visual aids

3.11 Describe sexually transmitted infection and HIV/AIDS	 Definition of HIV/AIDS Identification of diseases affected when having sexual contact Identification methods to prevent diseases 	 Group discussion Brainstorming technic Participatory method Expository method Role play scenario Exercise 	 Flipcharts Markers Pen Notebook Paper Visual aids
	transmitted through sexual contact Identification of activities HIV/AIDS cannot be contacted Identification of strategies to prevent HIV/AIDS	O EXCICISE	- Visual aids
3.12 Describe	Definition of hygiene	o Group discussion	- Flipcharts
hygiene and nutrition	Definition of nutritionIdentification of diseases	 Brainstorming technic Participatory method	- Markers - Pen
	or infections are caused by	 Expository method 	- Notebook
	poor hygieneDescription of personal	Exercise Role play scenario	- Paper
	hygiene	 Role play scenario 	- Visual aids
	Identification of hygiene benefits		
	Identification of person hygiene challenges		
3.13 Identify	Identification of strategies to	Group discussion Praingtorming technic	- Flipcharts
strategies to	ensuring personal hygiene such	 Brainstorming technic Participatory method	MarkersPen

ensuring personal and community hygiene	as: ✓ hand washing ✓ teeth ✓ nails ✓ body hair ✓ body odor ✓ menstruation ✓ foot odor ✓ clothing ✓ cuts • Identification of advantages	 Expository method Exercise Role play scenario 	NotebookPaperVisual aids
3.14 Describe good nutrition	 of personal hygiene description of benefits of good nutrition Identification of balanced diet identification of strategies to improve nutrition 	 Group discussion Brainstorming technic Participatory method Expository method Exercise Role play scenario 	 Flipcharts Markers Pen Notebook Paper Visual aids

Learning units and performance criteria

Learning units describe the essential outcomes of a competence.

Performance criteria describe the required performance needed to demonstrate achievement of the learning unit.

Learning unit 4: Describe Family and Community Decision-making 10

Learning hours:

Learning outcomes	content	learning activities	resources
4.1 Describe Gender equality	 Definition of Gender equality Perceptions about women in society Description of impact of socialization Description of Role Models 	 Group discussion Brainstorming technic Participatory method Expository method Role play scenario Exercise 	 Flipcharts Markers Pen Notebook Paper Visual aids
4.2 Describe factors that can strengthen women's Role in household	 Identification of areas of Decision-Making Description of factors which can Strengthen women's role in household Decision-making 	 Group discussion Brainstorming technic Participatory method Expository method Role play scenario Exercise 	 Flipcharts Markers Pen Notebook Paper Visual aids
4.3 Describe women's rights and law in community	 Definition of human right and justice Identification of women's rights in community Identification of laws protecting women in their communities 	 Group discussion Brainstorming technic Participatory method Expository method Role play scenario 	 Flipcharts Markers Pen Notebook Paper Visual aids

		o Exercise	
4.4 Describe the law of ownership and inheritance	 Definition of ownership Definition of inheritance Identification of issues and concerns related to inheritance of assets and women's rights to inheritance Understand the law regarding assets ownership for women 	 Group discussion Brainstorming technic Participatory method Expository method Exercise Role play scenario 	 Flipcharts Markers Pen Notebook Paper Visual aids
4.5 Describe the law of Marriage ,Divorce and Child custody	 Definition of marriage Identification of common issues related to marriage Definition of divorce Identification of causes of divorce Identification of women's rights to inheritance Description of Child custody and child support 	 Group discussion Brainstorming technic Participatory method Expository method Exercise Role play scenario 	 Flipcharts Markers Pen Notebook Paper Picture card Visual aids
4.6 Describe Domestic violence and Rape	 Definition of domestic violence Description of the prevalence 	 Group discussion Brainstorming technic	FlipchartsMarkersPen

4.7 Describe civic participation	of Domestic violence in our community Identification of reasons for Domestic violence Identification of consequences of domestic violence Identification of types domestic violence Description of women and civic participation Identification of ways in which	 Participatory method Expository method Exercise Role play scenario Group discussion Brainstorming technic 	 Notebook Paper Visual aids Flipcharts Markers Pen
	women can participate in decision making	 Participatory method Expository method Role play scenario Exercise 	NotebookPaperVisual aids
4.8 Identify the key areas for civic Action in community	 Identification of areas for civic action Development of a civic action plan Benefits of a civic participation 	 Group discussion Brainstorming technic Participatory method Expository method Role play scenario Exercise 	 Flipcharts Markers Pen Notebook Paper Visual aids

Assessment Guidelines

Portfolio

Summarize the activities/test required for each performance criteria.

Elements of competence e Criteria		Checklist	l I		Type of evidence	Description of activity or test
competence	e Criteria		Yes	No	evidence	proposed
1. Manage household incomes, finances and assets	1.1 Identify activities women do that benefit family and	 Women's activities do that benefit family and community constraints Faced by 			Oral EvidenceRole play scenario Evidence	 True and false questions: Circle the right answer (s) from the statement given about the women's activities that benefit family and community Ask the learner to identify

community	women to reproductive work		constraints faced by women to Reproductive work
1.2 Describe Gender and Division of labor	 Gender Roles Responsibilities of the Head of household Challenges of working Double day 	Oral Evidence Role play scenario Evidence	 True and false questions Circle the right answer from statement about Gender Roles ,Responsibilities of the head of household Ask the learner to identify challenges of working Double Day
1.3 Achieve work-life balance	 Benefits of achieving work-life balance Challenges of achieving work-life Balance Strategies for Achieving work-life balance 	 Oral Evidence Role play scenario Evidence 	 True and false questions Multiple choice questions: Select The right Answer from the statement given about benefits, challenges of achieving work-life balance

1.4 Describe household Finances management	 Household expenditures Income sources The Household finances plan 	 Oral Evidence Role play scenario Evidence 	 True and false questions Multiple choice questions: Select the light answer form the statement given about income and expenditure Role play scenario about household Finances
1.5 Describe household Savings	 Benefits of Saving Ways of Saving Identify Typical household expenditures Successful saving requirements 	 Oral Evidence Role play scenario Evidence 	 True and false questions: Circle the right Answer from the statement about benefits of Saving, Ask the Learner to identify Typical household expenditures
1.6 Manage Household Finances	 Primary Income Household Budget Advantages of Managing 	Oral EvidenceRole play scenario Evidence	 True and false questions Multiple choice: select the Right Answer from the statement About household Budget Circle the right answer from

		household budget		statement given about Advantages of Managing Household Budget.
2 .Describe Social Networks and Safety- nets	2.1 Describe social networks	 Benefits of social network successful characteristic s of social Network 	o Oral Evidence Role play scenario Evidence	 True and false questions: Circle the right answer (s) from the statement given about the benefits of social network Ask the learner to Identify the successful of characteristics of social network Role play scenario about social benefits
	2.2 Build effective social networks	 Potential areas of conflict challenges in building social support networks 	 Oral Evidence Role play scenario Evidence 	 True and false questions circle the right answer from statement about potential areas of conflict Ask the learner to identify challenges in building social network

2.3 Describe leadership skills in social network	Essential characteristic s for the people who seek to play leadership Role in Advocacy Group	Evidence O Role play scenario Evidence	1. True and false questions 2. Multiple choice: 3. Give the learner multiple answers and chose the right one 4. role play scenario about characteristics of leader in social network
2.4 Describe power of an advocacy group	Problems affects all women in advocacy group and is a concerns others in community	Evidence O Role play scenario Evidence	1. True and false questions 2. Ask the learner to identify problems affects all women in advocacy group and is a concerns others in community 3. Role play scenario
2.5 Manage and Negotiate conflict	 Potential areas of conflict. Strategies to manage conflicts 	Role play scenarioEvidence	1. True and false questions: 2. Circle the right Answer from the statement about potential Areas of conflict 3. Role play about strategies to manage conflicts

	2.6 Develop action plan	• Steps for action plan development for social network group	Oral Evide Role p	into small group and ask them to develop action plan
3. Describe Health and wellness	3.1 Describe good health	 Explain Good Health Good health benefits 	OralEvideRole pscenarEvide	from the statement given about the Good health Benefits
	3.2 Describe health problems affect people in community	 Factors contribute to poor Health Consequence s of poor health 	Oral Evide Role p scenar Evide	statement about factors contribute to poor health
	2.3 Describe universal rights to health and health care	 Basic universe human rights to health and health care Constraints to ensure Good health 	Oral Evide Role p scenar Evide	the constraints to ensure Good health

3.4 Describe stress 3.5 Identify stress symptoms	 Stress characteristic s Causes of stress Explain stress Symptoms Identify stress 	0	Oral Evidence Role play scenario Evidence Oral Evidence Role play scenario	 True and false questions Ask the learner to identify stress characteristics. Role play scenario about causes of stress True and false questions Circle the right Answer from the statement about
3.6 .Describe post-traumatic stress disorder	 Explain post- traumatic stress disorder strategies to reduce stress Signs and symptoms of PTSD 		Oral Evidence Role play scenario Evidence	 True and false questions Multiple choice about strategies to reduce stress Circle the right answer from statement given about signs and symptoms of PTSD.

3.7 Manage post-traumatic stress disorder 3.8 Describe	 Self-help strategies for PTSD women's 	 Oral Evidence Role play scenario Evidence Oral 	 True and false questions Circle the right answer (s) from the statement given about Self Help strategies for PTSD Ask a learner to identify self-help Strategies True and false Questions
sexual and reproductive health	reproductive cycles common reproductive issues symptoms of urinary infections	Evidence o Role play scenario Evidence	 2. Circle the right answer from the statement given about women's Reproductive cycles 3. Ask a learner to identify Common reproductive issues and urinary infections
3.9 Describe pregnancy ,b irth and infant care	 stages of pregnancy Things every pregnant women should Know Constraints to safe pregnancies Nutrition for 	 Oral Evidence Role play scenario Evidence 	 True and false questions Multiple choice Questions About the constraints to safe pregnancies And nutrition for newborns Ask a learner to identify Things every pregnant woman should Know

	newborns		
3.10 Describe family planning and birth control	 Explain Family Planning strategies used to make family planning 	 Oral Evidence Role play scenario Evidence 	1.True and false question 2.multiple choice :give the learner Multiple answers And select the right one about strategies used to make family planning 3.Role play scenario about family planning
3.11 Describe sexually transmitted infection and HIV/AIDS	 Diseases affected when having sexual contact Methods to prevent diseases transmitted through sexual contact 	 Oral Evidence Role play scenario Evidence 	 True and false Questions Circle the right answer form the statement about diseases affected when having sexual contact Role play scenario about methods to prevent Diseases

3.12 Describe hygiene and nutrition	 Diseases or infections are caused by poor hygiene hygiene benefits 	 Oral Evidence Role play scenario Evidence 	1 .True and false Questions 2. Circle the right answer form the statement about diseases or infections are caused by poor hygiene. 3.Role play scenario about poor hygiene and hygiene benefits
3.13 Identify strategies to ensuring personal and community hygiene	Strategies to ensuring personal hygiene	 Oral Evidence Role play scenario Evidence 	1 .True and false Questions 2. Circle the right answer form the statement about diseases or infections are caused by poor hygiene. 3.Role play scenario about poor hygiene and hygiene benefits
3.14 Describe food nutrition	 Nutrition benefits strategies for nutrition improvement s 	 Oral Evidence Role play scenario Evidence 	1 .True and false Questions 2. Circle the right answer form the statement about nutrition benefits Role play scenario about nutrition improvements

4. Describe Family and Community Decision- making	4.1 Describe Gender equality	impact of socialization • Perceptions about women in society	 Oral Evidence role play scenario Evidence 	 True and false questions: Circle the right answer (s) from the statement given about impact of socialization Role play scenario about perceptions in society
	4.2 Describe factors can strengthen women's Role in household	 Factors can strengthen women's Role in household decision making areas 	 Oral Evidence role play scenario Evidence 	 True and false questions Circle the right answer from statement about factors can strengthen women's role in house household Role play scenario about factors can strengthen women's role in house household
	4.3 Describe women's rights and law	 Women's right in community Lows Protect Women in community 	 Oral Evidence role play scenario Evidence 	 True and false questions Ask the learner to identify women's right in community. Role play scenario about lows protect women in community

4.4 Describe legal ownership and inheritance	 Women's rights to inheritance Issues and concerns related to inheritance of assets 	 Oral Evidence role play scenario Evidence 	 True and false questions: Circle the right Answer from the statement about women's rights to inheritance Role play about issues and concerns related to inheritance of assets
4.5 Describe Marriage ,Di vorce, Child custody	 Issues related to Marriage Causes of divorce child custody issues 	 Oral Evidence role play scenario Evidence 	 True and false questions Multiple choice about issues related to marriage Circle the right answer from statement about causes of divorce Role play scenario about issues child custody
4.6 Describe Domestic violence and Rape	 Reasons for Domestic violence Consequence s of Domestic violence Types of domestic violence 	 Oral Evidence role play scenario Evidence 	 True and false questions Circle the right answer (s) from the statement Ask the learner to identify Reasons for Domestic violence Role play scenario about types of domestic violence

4.7 Describe civic participation	Ways which woman can participate in decision-making	 Oral Evidence Role play scenario Evidence 	 True and false Questions Circle the right answer from the statement ways which woman can participate in Decision-making Role play scenario about civic participation
4.8 Identify the key areas for civic Action in community	 Key areas for civic participation steps of civic action plan development Benefits of civic participation 	 Oral Evidence Role play scenario Evidence 	 True and false questions Multiple choice questions :select the right Answer From the Statement about the ways women can participate in Decision Making Role play scenario about benefits of civic participation

Reference:

[&]quot;Abortion- Topic Overview." <u>WebMD</u>. 29 Sept. 2008. 2 July 2009 http://women.webmd.com/tc/abortion-topic-overview>.

[&]quot;Adolescent Health and Wellness: Puberty in Boys." <u>Children's Health and Wellness</u>. 2 July 2009 http://www.drpaul.com/adolescent/pubertyboys.html>.

"Afghan election poster - cleveland.com." <u>Blogs - Cleveland.com</u>. 08 July 2009 http://photos.cleveland.com/plain-dealer/2009/06/eye on the world wednesday jun 26.html >.

alibaba.com. Alibaba. 1 July 2009 http://img.alibaba.com///_Dress.jpg.

alibaba.com. Alibaba. 1 July 2009

http://images.google.com/?imgurl=http://img.alibaba.com///Metal_Money_Box_Safe_Bank.jpg&imgrefurl=http://hktopbrass.trustpass.alibaba.com//-

10749794/_Money_Box_Safe_Bank.html&usg=__ID5GbsbUErUo3e40Q5BYSVfSsLg=&h=1160&w=118 8&sz=89&hl=en&start=12&um=1&tbnid=Xo -

yz8Q1MRKkM:&tbnh=146&tbnw=150&prev=/%3Fq%3Dmoney%2Bsafe%26hl%3Den%26rlz%3D1T4SKPB_enUS326US326%26sa%3DN%26um%3D1>.

"All About Puberty." Kid's Health. 2 July 2009

.

<u>asymptotia.com</u>. Asymptotia. 1 July 2009 http://asymptotia.com/images///_dynamo.jpg.

<u>binhminh-realestate.com</u>. Binhminh Real Estate. 1 July 2009 http://www.binhminh-realestate.com/_images//.jpg.

"Biography: Congresswoman Nancy Pelosi, California, 8th District." <u>United States House of Representatives</u>, <u>111th Congress</u>, <u>1st Session</u>. 15 July 2009 http://www.house.gov/pelosi/biography/bio.html.

<u>brunswicklibrary.com</u>. Brunswick Library. 1 July 2009 http://www.brunswicklibrary.org//use.jpg.

cascadianfarm.com. Cascadian Farm. 1 July 2009 http://www.cascadianfarm.com///.jpg.

"CEDAW: States parties." Division for the Advancement of Women: Department of Economic and Social Affairs. 08 July 2009 http://www.un.org/womenwatch/daw/cedaw/states.htm.

"CIA - The World Factbook." Central Intelligence Agency: The Work of a Nation.

The Center of Intelligence. CIA. Web. 27 July 2009. https://www.cia.gov/library/publications/the-world-factbook/.

<u>Daylife</u>. 2008. http://www.daylife.com/photo/0fRC41C3SgfCF.

dhgate.com. DHgate. 1 July 2009

.

dkimages.com. DK Images. 1 July 2009 http://www.dkimages.com////.JPG.

<u>Doorways I: Student Training Manual: On School-Related Gender-Based Violence Prevention and Response</u>. Mar. 2009. USAID. 16 July 2009 http://www.usaid.gov/our_work/cross-cutting_programs/wid/pubs/Doorways_I_Student_Manual.pdf.

ehponline.org. EHP. 1 July 2009 http://www.ehponline.org///-9/.jpg.

elecosmetics.com. Ele Cosmetics. 1 July 2009

<a href="http://images.google.com/?imgurl=http://www.elescosmetics.com.au///Lipstick-p.jpg&imgrefurl=http://www.elescosmetics.com.au//.php%3Fproductid%3D16164&usg=__2wqKX0sowkCYh9yxmj4_iqRFipw=&h=400&w=400&sz=21&hl=en&start=7&um=1&tbnid=kOtKHk7K_81q8M:&tbnh=124&tbnw=124&prev=/images%3Fq%3Dlipstick%26ndsp%3D20%26hl%3Den%26rls%3Dcom.microsoft:

en-us:IE-SearchBox%26rlz%3D1I7SKPB en%26um%3D1>.

"Ellen Johnson-Sirleaf - Biography." <u>Biography.com</u>. 2006. 15 July 2009 http://www.biography.com/articles/Ellen-Johnson-Sirleaf-201269.

featurepics.com. Feature Pics. 1 July 2009

<a href="http://images.google.com/?imgurl=http://www.featurepics.com//V//Vegetable-Oil-Angle-View-188912.jpg&imgrefurl=http://www.featurepics.com//Vegetable-Oil-Angle-View-Pictures188912.aspx&usg=___Mayu7X0fAZofP00spDRtLI5nqI=&h=300&w=205&sz=13&hl=en&start=9&um=1&tbnid=zdimfDq4aoo6lM:&tbnh=116&tbnw=79&prev=/images%3Fq%3Dbottle%2Bof%2Bvegetable%2Boil%26hl%3Den%26rls%3Dcom.microsoft:en-us:IE-

SearchBox%26rlz%3D1I7SKPB en%26um%3D1>.

flickr.com. Flickr. 1 July 2009 http://farm1.static.flickr.com//_e8e242e8f8.jpg.

flickr.com. Flickr. 1 July 2009 http://farm4.static.flickr.com//2318_acd1690ef5.jpg.

flickr.com. Flickr. 1 July 2009 http://farm1.static.flickr.com//_c06a81d93b.jpg.

flynnohara.com. Flynn O'hara. 1 July 2009

.

fmwf.com. FMWF. 1 July 2009 http://www.fmwf.com///-makeup-200.jpg.

Foliart, Lauren. "Goats Graze the Way." City on a Hill Press. 28 May 2009. 06

July 2009 http://www.cityonahillpress.com/2009/05/28/goats-graze-the-way/.

foreveramber.typepad.com. Forever Amber. 1 July 2009 http://foreveramber.typepad.com/////dresses 2.jpg..

fotosa.ru/. Fotosa. 1 July 2009 http://fotosa.ru/_photo//_2469616.jpg.

<u>freefoto.com</u>. freefoto. 1 July 2009 http://www.freefoto.com///_20_51---Bottle-of-milk_web.jpg.

goat-colostrum.com. Goat-Colostrum. 1 July 2009 http://www.goat-colostrum.com//.jpg.

greenpass.com. Green Pass. 1 July 2009 http://www.greenpass.com.au///%20at%20desk.JPG.

haciendacatering.com. Hacienda Catering. 1 July 2009 http://www.haciendacatering.com/ Pictures/.JPG>.

hardwickebuilding.com. Hardwicke Building. 1 July 2009 http://www.hardwickebuilding.co.uk//_OF_FOLDERS.jpg.

"Hot or Not?: Indoor See Saw." <u>Apartment Therapy ohdeedoh</u>. 09 July 2009 http://www.ohdeedoh.com/ohdeedoh/hot-or-not/hot-or-not-indoor-see-saw-028187.

http://poetryforpeace.files.wordpress.com/2008/03/ellen-johnson-sirleaf.jpg.

http://www.orinfor.gov.rw/IMAGES/cyanzayire%20001.jpg.

"Icebreakers, Warmups, Energizers, & Deinhibitizers." 14 May 2009. 16 July 2009 http://wilderdom.com/games/Icebreakers.html>.

i.ehow.com. I.Ehow. 1 July 2009 http://i.ehow.com////main_Full.jpg.

imageshack.us. Image Shack. 1 July 2009 http://img169.imageshack.us//.jpg/.

"Job Interview," 6 July 2009 http://s3.images.com/huge.16.83281.JPG.

Jok, Aleu Akechak, Robert A. Leitch, and Carrie Vandewint. "A Study of Common Law in Contemporary Southern Sudan." Mar. 2004. World Vision International. 2 July 2009 http://www.gurtong.org/ResourceCenter/laws/Customary%20Law%20Overview%20in%20South%20Sudan%20March%202004_compressed.doc.

"Lifecyle Nutrition." <u>Food and Nutrition Information Center.</u> 8 Apr. 2009. USDA. 2
July 2009
.">http://fnic.nal.usda.gov/nal_display/index.php?info_center=4&tax_level=2&tax_subject=257&topic_id=1352>.

Lowen, Lindsay. "Profile of Michelle Obama." <u>Women's Issues - All About</u>

<u>Women's Issues</u>. 9 Feb. 2009. 15 July 2009

http://womensissues.about.com/od/influentialwomen/p/MichelleObama.htm>.

<u>made-in-china.com</u>. Made In China. 1 July 2009 http://www.made-in-china.com//f0j00ZBSaweFIkQVbM/Barrow-WheelBarrow.jpg.

<u>mydietprogram.com</u>. mydietprogram. 1 July 2009 .

"My Food Pyramid." <u>Nudos en el Pelo</u>. 7 Nov. 2008. 17 June 2009 http://nudosenelpelo.wordpress.com/2008/11/07/my-food-pyramid/>.

"Nancy Pelosi." Pocantico Hills Central School. 15 July 2009

```
<a href="http://www.pocanticohills.org/womenenc/pelosi.htm">http://www.pocanticohills.org/womenenc/pelosi.htm</a>.
```

- "Nigeria: the prohibition of infringement of a widow's and widower's fundamental rights law." <u>BNet</u>. 2002. WIN News. 14 July 2009 http://findarticles.com/p/articles/mi_m2872/is_2_28/ai_86049656/.
- "Ngozi Okonjo-Iweala: Banking on development." <u>CNN.com</u>. 5 July 2009. 15 July 2009 < Ngozi Okonjo-Iweala: Banking on development>.
- "Ngozi Okonjo-Iweala World Economic Forum Annual Meeting Davos 2007 on Flickr Photo Sharing!" Welcome to Flickr Photo Sharing. 06 July 2009 http://www.flickr.com/photos/worldeconomicforum/374714811/.
- "Nutrition for Infants Keep Kids Healthy." <u>Keep Kids Healthy free pediatric parenting advice</u>. 02 July 2009 http://www.keepkidshealthy.com/infantnutrition.html>.

nymag.com. NY Magazine. 1 July 2009 http://nymag.com/////_chicken_lg.jpg.

"Oprah Winfrey's Biography." <u>Oprah.com - Live Your Best Life - Oprah.com</u>. 15 July 2009 http://www.oprah.com/article/pressroom/oprahsbio/20080602 orig oprahsbio>.

"PDP wins Nigerian state election." <u>World News Network</u>. 6 May 2009. 08 July 2009 http://article.wn.com/view/2009/05/06/PDP_wins_Nigerian_state_election/. photobucket.com. PhotoBucket. 1 July 2009

<a href="http://images.google.com/?imgurl=http://www.charlottesville.org//.aspx%3Fimageid%3D2478&imgrefurl=http://www.charlottesville.org/.aspx%3Fpage%3D394&usg=__tOkr-H7yMZ-dKlGtHoTfGOYPXko=&h=231&w=250&sz=28&hl=en&start=97&um=1&tbnid=0ZSBkuAQitw7yM:&tbnh=103&tbnw=111&prev=/images%3Fq%3Dbus%2Btickets%26ndsp%3D20%26hl%3Den%26rls%3Dcom.

microsoft:en-us:IE-SearchBox%26rlz%3D1I7SKPB en%26sa%3DN%26start%3D80%26um%3D1>.

<u>photographersdirect.com</u>. Photographers Direct. 1 July 2009 http://img1.photographersdirect.com////.jpg.

<u>pinballrebel.com</u>. Pinball Rebel. 1 July 2009 http://www.pinballrebel.com////_files/.jpg.

powered templates. Powered Templates. 1 July 2009

.

preciseedit.com. Precise Edit. 1 July 2009 http://preciseedit.files.wordpress.com///.jpg.

"Puberty Information for Boys." 1995. American Academy of Pediatrics. 2 July 2009 http://www.aap.org/pubserv/patedcd/demo/pdffiles/papers/HE020802.pdf>.

s3images.com. S3 Images. 1 July 2009 http://s3.images.com/.39.199168.JPG.

"SDP Campaign." In the Search for Light. 7 Dec. 2008. 8 July 2009

"Secretary of State Hillary Rodham Clinton." <u>U.S. Department of State</u>. 15 July 2009 http://www.state.gov/secretary/.

Sulkowski, Mark. "Customary Law." 2 July 2009 http://jim.com/custom.htm.

thecompletewomanblog.com. The Complete Woman Blog. 1 July 2009

.

<u>traveladventures.org</u>. Travel Adventures. 1 July 2009 httphttp://www.traveladventures.org///market-people05.jpg.

thedailytip.net. thedailytip. 1 July 2009

.

"UNICEF - Avian and Pandemic Influenza Communication Resources - MYN ILL 0045 - Chickens 1." <u>UNICEF</u>. UNICEF. 06 July 2009 http://www.unicef.org/influenzaresources/index 716.html>.

universitycu.org. University CU. 1 July 2009 http://www.universitycu.org/.jpg.

utilcall.com. Utilcall. 1 July 2009 http://www.utilcall.com//.gif>.

<u>vagabondjourney.com</u>. Vagabond Journey. 1 July 2009 http://www.vagabondjourney.com/-1/-2014-guatemala-cooking-pots.JPG.

<u>vivatamales.com</u>. Viva Tamales. 1 July 2009 http://www.vivatamales.com//%20&%20Woman%20Standing%20BE%2010.gif.

- "'Vote Paul Kagame' Election Poster- Kigali Rwanda." <u>Wandering Spirit Travel</u>
 <u>Images</u>. 8 July 2009 http://www.wandering-spirit-travel-images.co.uk/photo 225109.html>.
- "Voting begins in Iraq under tight security." <u>China Daily Website Connecting China Connecting the World</u>. 08 July 2009 http://www.chinadaily.com.cn/world/2009-01/31/content 7433568.htm>.
- "10 Warm Ups for Lesson Plans Using Ice Breakers as Warm Ups." <u>Continuing</u>
 <u>Education Info for the Non-Traditional Student and the Teacher of Adults</u>. 16 July 2009
 http://adulted.about.com/od/teachers/tp/warmupsforlessonplans.htm>.

WHO: World Health Organization. Web. 27 July 2009. http://www.who.int/en/>.

Widowhood: Invisible Women, Secluded or Excluded. Rep. Dec. 2001. United Nations. 14 July 2009

http://www.worldfamilyorganization.org/wfs/WFS5/Background%20Papers/Women2000%20-%20Widowhood%20-%20invisible%20women,%20secluded%20or%20excluded%20English.pdf.

wikipedia.org. Wikipedia. 1 July 2009 ">http://en.wikipedia.org//>.

- Williams, Suzanne, Janet Seed, and Adelina Mwau. <u>The Oxfam Gender Training Manual</u>. Oxford: Oxfam, 1994.
- "Women's rights: West's Encyclopedia of American Law (Full Article) from Answers.com." <u>Answers.com Online Dictionary, Encyclopedia and much more</u>. 15 July 2009 http://www.answers.com/topic/women-s-rights>.

- World News Journal. 8 July 2009 http://2.bp.blogspot.com/_9YlRHO5j-G8/Rf9sylLqTxI/AAAAAAAAAAAJs/07mSYp-QAos/s400/DSC 0182.JPG>.
- "Zainab's Memoir." <u>Helping Women Survivors of War Rebuild Their Lives</u> <u>Women for Women International</u>. 15 July 2009 http://www.womenforwomen.org/about-women-forwomen.org/about-women-forwomen/Zainab-Salbi-Memoir.php

<u>zimbio.com</u>. Zimbio. 1 July 2009 http://www.zimbio.com/.
"Gender Equality in Rwanda." *Wikigender*. 23 Feb. 2009. Web. 27 July 2009. http://www.wikigender.org/index.php/Gender_Equality_in_Rwanda.

Ntampaka, Charles. "Rwanda: Family Law in Rwanda." The International Society of Family Law, 1997. Web. 27 July 2009. http://www.grandslacs.net/doc/2314.pdf>.

"Rwanda: The conditions under which a woman can obtain a divorce; whether she can keep her children, receive alimony from her former husband or receive a share of the property; how the civil courts function, and the treatment of divorced mothers with no family." *UNHCR*. Immigration and Refugee Board of Canada, 23 Jan. 2007. Web. 27 July 2009.

http://www.unhcr.org/refworld/type,QUERYRESPONSE,,RWA,46fa538bc,0.html>.

CM107: RUNNING MICROBUSINESS			
Competence 3: Run Microbusiness			
RTQF LEVEL: 1	CREDITS: 6		LEARNING HOURS: 60
SECTOR: All		SUB-SECTOR: All	
ISSUE DATE: January 2013		REVIEW DA	ATE:

PURPOSE STATEMENT

This module describes the skills and knowledge required to prepare a business plan for a small business and operate a small business. At the end of this module, the participants understand the principles and tools behind personal and family money-management. They are able to understand the importance of saving and reducing expenses. They are able to organize and manage personal and household finances. They can create a personal budget and think strategically about their finances. They can evaluate their options for earning money and are

familiar with ways to establish and maintain personal credit. They are aware of the risks associated with credit. The participants simulate income-generating activities after which they are familiar with the basic cycles of business. They can plan for income-generating activity expenses and loan repayments. They can keep basic business financial records. They are able to evaluate the risks and opportunities of using credit in income generating contexts. They are able to distinguish between money to be used for investment into their incomegenerating activities, for their family expenses, and for savings. They learn about different market actors.

LEARNING ASSUMED TO BE IN PLACE

Not applicable

LEARNING UNITS AND PERFORMANCE CRITERIA

Learning units describe the essential outcomes of a competence.

Performance criteria describe the required performance needed to demonstrate achievement of the learning unit.

Elements of competence	Performance criteria
By the end of the module, the trainee will be able to:	
1. Apply basic arithmetic operations	1.1Proper application of four fundamental operation 2.1 Correct Reading and writing the words Relating to business
2. Read and Write the words Relating to business	

3. Develop entrepreneurial mind-set	 3.1 Proper identification of livelihood activities and business in the community Proper description of characteristics of an entrepreneur and their role in the society 3.2 Adequate identification and examination of risks related to a certain business as per its nature and size and responding to them accordingly. 3.3Accurate identification of a business idea and selection of a good- profitable-ones among many. 	
4. Manage finance	 4.1 Proper identification of personal and business financial needs in different life situations. 4.2 Proper mobilization of the required amount of money for different needs. 4.3 Effective management of business money as per procedures in a way to avoid waste of money. 4.4 Appropriate saving of money in a recognized financial institution. 4.5 Effective management of business debts. 4.6 VSLAs is created and managed Adequately 	
5. Manage a small business	 5.1 Proper description of basic business cycle in terms of buying, adding value and selling for profit 5.2 Correct identification of credit risks and unexpected costs and dealt with accordingly. 5.3 Adequate development of record-keeping sheet as per standards and on time. 	

6. Develop a business plan for a micro business	 6.1Realistic formulation of objectives of the small business, and are clearly stated and measurable. 6.2Appropriate filling out of the business plan template as per standards. 6.3The simulated small business has brought benefits.
7. Manage Cooperative	7.1Proper Description of cooperative7.2Effective management of cooperative7.3Proper application of cooperative registration

COURSE STRUCTURE

The course structure describes the learning outcomes for each learning unit. These learning outcomes are the essential skills and knowledge to be acquired. The contents to be covered for each learning outcome are prescriptive. The Learning Activities contain a series of suggestions, usually with several options, that will guide the learner and the trainer.

Learning unit 1: Apply basic arithmetic operations and literacy

Learning Hours:	20
------------------------	-----------

Learning outcomes	Contents	Learning activities	Resources
1.1 Apply fundamental	• Count reliably up to 10	o Group discussion on Read	- Reference
arithmetic operations	itemsRead, write, count numbers up	and write numbers and 4 arithmetic fundamentals	books - Pens - Calculator
	to 10. • Compare numbers, more than,	operation	- Reference books

	 less than and put numbers in order. Add single digit numbers with totals up to 10 Subtract single digit numbers from numbers up to 10. Count reliably up to 100 items. Read, write, order and compare numbers up to 100. Add and subtract two digit numbers with totals up to 100. Multiply single digit numbers and two digit numbers by single digit numbers Count up to 1000. 	0	Practical exercises on adding, subtracting, multiplying, and dividing	-	Pens Calculator
1.2 Perform reading and writing simple words relating to business	 Reading and counting syllabes of a word and listing the words used in business Relating to that vowel /consonant Such as: Abacuruzi A -Abaguzi 	0	Group discussion on Read and write word relating to business Exercises exercise on Read and Write word relating to business		Reference books Pens Calculator Visual aids

-Abaguzi	
- Abakiriya	
В	
-Bank	
Writing a word used in business	
Such as:	
Abacuruzi	
Abaguze	

Learning unit 2: Develop entrepreneurial mind-set

Learning Hours: 5

Learning outcomes	Contents	Learning activities	Resources
2.1 Identify income generating activities	 Categorization of income generation activities Characteristics of livelihood business activities in the community 	 Small group discussion Brainstorming Large group discussion Presentation 	FlipchartPenNotebooksProjector
2.2Describe an entrepreneur	 Characteristics of an entrepreneur (mindset) Role of entrepreneur in community 	 Small group discussion Brainstorming Large group discussion Presentation Case studies 	FlipchartPenNotebooksProjectorVideos

2.3Examine business risks	 Types of business risks and their impact on business Strategies to overcome business risks 	 Site visit guest speakers Exercise Role-play Large group discussion Case studies Guest speakers Practical exercises on evaluation of business risks 	- Role play scenarios - Videos
2.4Select a business idea	Characteristics of a promising business idea	 Brainstorming Large group discussion Practical exercises on selection of a business idea Visit a nearby business settings 	FlipchartPenNotebooksProjector

Learning unit 3: Manage finance

Learning outcomes	Contents	Learning activities	Resources
3.1Examine business	Identification of money needs in daily life	o Small group	- Flipchart
financial needs	✓ Personal needs	discussion	- Pen
	✓ Business needs	 Brainstorming 	- Notebooks
	• Identification of how the things they need	 Large group 	- Projector
	money for change as their life situations	discussion	
	change	 Presentation 	

3.2.Raise fund (money)	 Planning of getting money Sources of funds for a business ✓ Borrowing (financial institution of friends/family) ✓ Saving ✓ Working to earn money) 	 Small group discussion Brainstorming Prioritizing Role-play Large group discussion Presentation Case studies 	 Role play scenarios Flipchart Pen Notebooks Projector
3.3.Manage money effectively	 Good ways to manage money Ways of wasting money Ways to cut costs through ✓ Reducing ✓ Recycling ✓ Repairing ✓ Reusing 	 Exercise Role-play Large group discussion Case studies 	- Role play scenarios
3.4.Save money	 Definition of the concept of saving Recognize that not only rich people can save Reasons for saving (unexpected events and specific needs) Savings goals Saving possibilities and institutions 	 Brainstorming Large group discussion Role-play Individual goal setting Guest speakers 	FlipchartPenNotebooksProjector
3.5.Manage debts	 Definition of the concept of debt Risks of getting into debt Strategies to avoid debt 	 Large group discussion Group work Prioritizing	- Role play scenarios

	Strategies to get out of debt	o Case studies	
3.6 Create and Manage VSLAs	 Definition of VSLAs Description of VSLAs Methodology VSLAs Governance Conflict Resolution strategies 	 Large group discussion Group work Case studies	- Role play scenario

Learning unit 4: Perform record keeping and budgeting 5

Learning outcomes	Contents	Learning activities	Resources
4.1.Keep basic personal financial records	IncomeExpensesBalance calculations	 Group work Case study	
4.2.Perform basic budgeting	 Definition of budget Definition of the concept of budgeting Principle of budgeting 	 Group work Case study Practical individual budgeting respecting prInciples 	
4.3.Develop a financial strategic plan	 structure of a financial plan the importance of a financial plan 	 Brainstorming Large group discussion Demonstration on developing a financial plan Practical individual work on 	Financial fitness planTemplate of a financial planFlipchart

developing a financial plan o Case studies	- Pen - Notebooks
	- Projector

Learning unit 5: Manage a small business

Learning outcomes	Contents	Learning activities	Resources
5.1.Describe the business cycle	 Basic cycle of business: buying, adding value, selling for profit Allocation of income between the business, personal expenses and savings Importance of maintaining positive cash flow 	Simulation gameLarge group discussion	Entrepreneurs' profilesEntrepreneur's Cycle Chart
5.2.Plan for unexpected costs	 Possible unexpected expenses or financial events Strategies of planning and dealing with, unexpected financial events 	 Simulation game Large group discussion Case studies	- Life cards for simulation game
5.3.Identify the risks of credits	Risks and potential benefits of selling to customers on credit	Simulation gameLarge group discussion	- Life cards for simulation game

	• Financial risks involved with extending credit to friends and family members		
5.4.Fill in a	• Value of keeping records	o Simulation game,	- Record-keeping
record-keeping	• Sections of a record-keeping	o Large group discussion	template
sheet	sheet	 Demonstration on filling up a record keeping sheet Practical individual work on filling up a record keeping sheet 	

Learning unit 6: Prepare a business plan for a micro business 5

Learning outcomes	Contents	Learning activities	Resources
6.1.Describe the value of a business plan	 Value of a business plan Flexibility of a business plan Importance of realistic goals Sections of a business plan 	 simulation game large group discussion Demonstration on preparing a business plan Practical individual work on preparing a business plan 	 Entrepreneur's Cycle Chart Record-keeping template Business plan template

Learning unit 7: Manage cooperative

Learning outcomes	Contents	Learning activities	Resources
7.1. Describe a cooperative	 Definition of cooperative Description of cooperative principles Identification of cooperative values Identification of common characteristics Of cooperative Description of member's right and responsibilities Identification of benefits of member Identification of conditions to become cooperative's member 	 Group discussion Brainstorming technic Participatory method Expository method Role play scenario Exercise 	- Flipcharts - Markers - Pen - Notebook - Paper - Visual aids

7.2 Create a cooperative 7.3 Manage a	 Identification of conditions needed to create a cooperative Identification of cooperative registration process Prepare the cooperative statutes/by-laws Cooperative 	 Group discussion Brainstorming technic Participatory method Expository method Role play scenario Exercise Group discussion Brainstorming technic Participatory method Expository method Role play scenario Exercise Group discussion 	- Flipcharts - Markers - Pen - Notebook - Paper - Visual aids - Flipcharts - Markers - Pen - Notebook - Paper - Visual aids
cooperative	cooperative structure: - cooperative organs - General Meeting of members - The Management Board - The Control Board - Identification of essential condition success	 Brainstorming technic Participatory method Expository method Role play scenario Exercise 	- Markers - Pen - Notebook - Paper - Visual aids

Identification of	
Characteristics of a	
successful	
cooperative	
leadership	
Identification of a	
successful	
characteristics of a	
cooperative leader	
Identification of	
common problems	
of cooperatives	
Conflict resolution	
strategies	

1. REFERENCES

- 2. Work Readiness Training Programme Trainer's Manual, Akazi Kanoze Youth Livelihoods Project.
- 3. Work Readiness Training Programme Participant's Manual, Akazi Kanoze Youth Livelihoods Project

Assessment guidelines Formative assessment

Elements of	Assessment indicator	Checklist	Score		Observation
competence			Yes	No	
1. Apply basic arithmetic	Four fundamental are applied	Addition			
operations		Subtraction			
		Multiplication			
		Division			
2.Develop					
Entrepreneurial mind-set	Livelihood activities and business in the community are	Non-farm' natural resource based livelihood activities			
	identified	Farm-based livelihood activities and			
		Processing of products			
	Characteristics of an	Opportunity seeking			
	entrepreneur and their role in the society are described	Initiative taking			
		Ownership of a development			

Commitment to see things through
Personal locus of control (autonomy)
Intuitive decision making with limited information
Networking capacity
Strategic thinking
Negotiation capacity
Selling/persuasive capacity
Achievement orientation
Incremental risk taking
Living with uncertainty and complexity
Having to do everything under pressure (financial and time)
Coping with loneliness
Building know how and trust relationships

Learning by doing, copying, making things up, problem solving
Managing interdependencies
Working long hours and unsocial hours
Belief that rewards come with your own effort
Belief that you can make things happen
Belief in individual and the community
Motivation to succeed
Motivation to make a difference
Ability to cope with doing something different to others
Ability to see problems as opportunities

	Job creator Social corporate responsibility Creating market to local products and services
Risks related to a certain business are identified and examined as per their nature and size and are responding to	Human factors (talent management, strikes), Technological factors
them accordingly.	(emerging technologies), Physical factors (failure of machines, fire or theft)
	Operational factors (access to credit, cost cutting, advertisement)
	Economic factors (market risks, pricing pressure)
	Natural factors (floods, earthquakes)
	Political factors (compliance and regulations of government)

	A business idea is accurately identified and a good-profitable-ones among many is selected.	Risk Acceptance strategy Risk Avoidance strategy Risk Limitation strategy Risk Transference strategy Fulfills a customer need — a problem is solved Innovative Unique	
		Clear focus Profitable in the long term	_
3.Manage finance	Personal and business financial	Mortgage or rent	
	needs are identified in different life situations.	Food and groceries	
		Property taxes	
		Insurance costs	
		Savings and investment contributions	
		Home maintenance costs	
		Heating and air conditioning expenses	

Utilities, such as
electricity, water, sewer, trash pick up
Medical expenses, such as
medical bills, prescriptions
Child care and child
support expenses
Vehicle expenses
Loans
Credit cards
Clothing
Memberships
Personal care
Entertainment, recreation
and hobby expenses
Rent and lease payments.
Loan repayments
Phone and utilities
Maintenance and repair of
premises, equipment, and

	vehicles	
	Office supplies and stationary	
	Operating stock/ suppliers bills	
	Advertising and promotion	
	Delivery and shipping costs	
	Personal drawings and employee wages	
	Insurance premiums	
	Taxes	
	Membership fees and subscriptions	
	Investment	
The required amount of money	Savings	
for different needs is mobilized.	Borrowing from friends and family	
	Lease	

	Warrants	
	Banks loan	
	Government Programs	
	Bonds	
Business money is effectively managed as per procedures in a way to avoid waste of money	Assessing and budgeting for your current financial situation	
	Developing a financial plan	
	Managing	
	Recognizing signs of financial trouble	
	Handling financial emergencies	
	Dealing with unmanageable debt	
Money is saved in a recognized	Banks	
financial institution.	Credit Unions	
	Savings and Loans	
Business debts are managed.	Cut unnecessary costs and	

		free up cash
		Revisit the budget
		Prioritize debt payments
		Speak with creditors
		Consolidate your loans
	Basic record-keeping is executed as per standards.	Importance of figuring out how money flows through your business and why
		Need to keep good records
		The main records you may need to keep
		Keep basic paper records
		Complete a cash payments book and a cash receipts book.
4.Manage a small	Basic business cycle is	Commodity prices
business	described in terms of buying, adding value and selling for profit.	Freight rates
	Credit risks and unexpected costs are identified and dealt	Qualifications of loan review personnel

with accordingly.	Independence of loan review personnel	
	Frequency of reviews	
	Scope of reviews	
	Depth of reviews	
	Review of findings and	
	follow-up Work paper and report	
	distribution.	
Record-keeping sheet is	Total exposure and	
developed as per standards and	segment exposures,	
on time.	including subordinated	
	debt and equity	
	Risk rating distribution	
	and migration data	
	Noncompliance with	
	covenants,	
	Performing assets	
	Impaired loans	
	Compliance with internal	
	procedures	
	The aggregate level of	
	exceptions to policy and	
	underwriting standards.	

4. Develop a business plan for a micro business	Realistic formulations of objectives of the small business are clearly stated and measurable.	Desired sales or profit levels Rates of growth Increased turnover Value of the business or dividends paid to shareholders	
	The business plan template is filled out as per standards.	Executive summary General company description	
		Products and services	
		Marketing plan Operational plan	
		Management and organization	
		Personal financial statement	
		Startup expenses and capitalization Financial plan	
		r manciai pian	

		Appendices	
		Refining the plan	
	The simulated small business has brought benefits.	Planning activities and resources	
5. Manage cooperative	Describe a cooperative	Member's right and responsibilities	
		Benefits of members	
		Conditions to become cooperative's member	
		Cooperative principles	
	Create a cooperative	Conditions needed to create a cooperative	
		Main steps in forming cooperatives	
		Registration process	
	Manage a cooperative	A successful characteristics of cooperative leadership	
		Cooperative's organs	

	Common problems of cooperatives		
	Conflict Resolution strategies		

CM: APPLYING BASIC HAIR BRAIDING				
Competence 4: Apply Basic Hairdressing skills				
RTQF LEVEL:	LEARNING HOURS: 90			
SECTOR: Beauty		SUB-SECTOR: Hairdressing		
ISSUE DATE:		REVIEW DATE:		

Purpose statement

This Module Describe skills and knowledge required to perform hair braiding treatment. It provides skills and knowledge to apply hair braiding Techniques. It provides also the skills and knowledge basic skills on cost estimation.

LEARNING UNITS AND PERFORMANCE CRITERIA

Learning units describe the essential outcomes of a competence.

Performance criteria describe the required performance needed to demonstrate achievement of the learning unit.

ELEMENT OF COMPENTENCE	PERFORMANCE CRITERIA
1. Greet and prepare clients for salon	1. Correct Welcome of arriving clients.
services	
	2. Proper Preparation of clients for senior operators
	1. Proper Application personal hygiene
2. Prepare work place	75 -
*	2. Proper selection of materials and tools

	3. Proper Arrangement of materials and tools
3. Apply hair braiding technics	1.Proper selection of braiding style
	2. Proper application of different braiding styles
	1.Proper cutting smallest hair
4.Apply finishing technics	2. Appropriate sewing limit of braiding / kudoda inweri uzihuza
	3. Proper techniques for finishing braiding/kuzikoza mu mazi ashyushye no kuzitwika

COURSE STRUCTURE

The course structure describes the learning outcomes for each learning unit. These learning outcomes are the essential skills and knowledge to be acquired. The contents to be covered for each learning outcome are prescriptive. The Learning Activities contain a series of suggestions, usually with several options, that will guide the learner and the trainer.

Learning unit 1: Greet and prepare clients for salon services Learning hours: 5

Learning outcomes	Contents	Learning activities	Resources
1.1. Welcome of arriving clients 1 Prepare clients for senior operators	 Welcome arriving Client Promptly ,warmly according to the salon procedures Focus attention completely on the client. Indication to client how long before the booked service will begin Making waiting client comfortable and reading material, according to salon procedures. Notifying senior operator of client's arrival. Making attention on time of customer Preparation of client for salon services: 	 Group discussion about client customer for salon services Role play scenario about greeting and preparing clients for salon services Practical exercises about making clients waiting for salon services Role play Group discussion Pictures Site visit 	 Reading materials News paper Books Comfortable chairs Television Radio Reading materials News paper Books Comfortable chairs Television
	service area and ensure the client is safely and comfortably seated. - Indication that senior operator will consult with client prior		- Radio

_	to service where relevant according to salon procedures. Confirmation service to be provided with senior operator where relevant. Selection and applying a clean gown or wrap and towels of suitable size for client, according to the planned service and salon procedures. Checking that client is comfortable and offer reading material.		
---	--	--	--

Learning unit 2: Prepare work place

Learning outcome	Contents	Learning activities	Resources

2.1 Apply personal hygiene	 Hygiene of body Hygiene of personal clothes and specific working clothes 	 Site visit Group discussion Brainstorming Oral presentation 	BooksHand notesVisual aidsPictures
2.2 Select tools, materials and equipment	 Identification of materials and tools Types of materials ,tools 	 Site visit Group discussion brainstorming Oral presentation 	 Combs Water Rubber bands Ribbons ornamentation Towel Sprays Gels. Mat Threads Needle Scissor Chair Mesh Bucket isafuriya Imbabura
2.3. Arrange materials and tools	Cleaning proceduresArrangement technics	 Group discussion Oral presentation Practical exercises 	CombsWaterRubber bandsRibbonsornamentation

|--|

Learning unit 3: Apply hair braiding techniques

Learning outcome	Contents	Learning activities	Resources

 Select braiding styles Plaiting the hair with the piece Pencil Hair plant Rasta hair Rasta with three strands Rasta using threads Zigzag style Makoma style Dreades Imiteja 		PicturesPenNotebookHair plants
--	--	---

3.2. Apply different braiding styles	 Gripping combos methods Sectioning hairline starting methods Braiding technics (following hairline) 	 Site visit Group discussion Demonstration Practical exercises 	- Combs - Water - Rubber bands - Ribbons ornamentation - Towel - Sprays - Gels Mat - Threads - Needle - Scissor - Chair - Mesh - Bucket - Poupe

Learning unit 4: Apply finishing techniques

Learning outcome		Contents	Learning activities	Resource
4.1.	Cut smallest hair	 Types of cutting materials in different ways Methods of cutting smallest hair 	 Sit visit Brainstorming Group discussion Practical exercise 	- Scissor - Razo (urwembe) - Hand towel
4.2.	Sew limit of braiding / kudoda inweri uzihuza	 Types of sewing limit braiding Technics of sewing for braiding 	 Sit visit Group discussion Demonstration Practical exercise on sewing limit 	MirrorThreadNeedleScissor
1	Apply techniques for hing braiding	 Braiding technics Putting braids in hot water Methods of cutting smallest hair 	 Sit visit Group discussion Demonstration Practical exercise on sewing limit 	 Water Imbabura Live charcoal Charcoal pan Chair Sauce pan Basin Hand towel

CM: APPLYING BASIC HAIR CHAMPOOING				
Competence 4: Apply Basic Hair shampooing skills				
RTQF LEVEL: CREDITS: 5		LEARNING HOURS: 50		
SECTOR: Beauty		SUB-SECTOR: Hairdressing		
ISSUE DATE:		REVIEW DATE:		

Purpose statement

This Module Describe skills and knowledge required to perform treatment. It provides skills and knowledge to apply hair cutting techniques. It provides also the skills and knowledge basic skills on cost estimation.

LEARNING UNITS AND PERFORMANCE CRITERIA

Learning units describe the essential outcomes of a competence.

Performance criteria describe the required performance needed to demonstrate achievement of the learning unit.

ELEMENT OF COMPENTENCE	PERFORMANCE CRITERIA		
1. Greet and prepare clients for salon services	1. Correct Welcome of arriving clients.		
	2. Proper Preparation of clients for senior operators		
2.Prepare work place	1. Proper Application personal hygiene		
	2 Proper selection of materials, tools and equipment		
	3. Proper Arrangement of materials, tools and equipment		
3.Apply hair shampooing	Proper Application of hair shampooing technics		
	2. Proper ways of mixing water		
4.Apply finishing shampooing	1. Appropriate dry after shampooing		
	2. Proper Application of hair treatments		

COURSE STRUCTURE

The course structure describes the learning outcomes for each learning unit. These learning outcomes are the Essential skills and knowledge to be acquired. The contents to be covered for each learning outcome are prescriptive. The Learning Activities contain a series of suggestions, usually with several options that will guide the learner and the trainer.

Learning unit 1: Greet and prepare clients for salon services

Learning outcome		Contents	Learning activities	Resource
1.1.	Welcome of arriving clients	 Welcome arriving Client Promptly ,warmly according to the salon procedures Focus attention completely on the client. Indication to client how long before the booked service will begin 	 Group discussion about client customer for salon services Role play scenario about greeting and preparing clients for salon services 	 Reading materials News paper Books Comfortable chairs Television Radio
1.2.	Prepare clients	- Showing client to relevant	o Role play	- Books
	for operators	service area and ensure the	o Group discussion	- Hand notes
	senior	client is safely and	o Site visit	- Visual aids
		comfortably seated.		- Pictures

 Indication that senior operator will consult with client prior to service where relevant according to salon procedures. Confirmation service to be provided with senior operator where relevant. Selection and applying a clean gown or wrap and towels of suitable size for client, according to the planned service and salon procedures. Checking that client is comfortable and offer 	

Learning unit 2: Prepare work place

Learning outcome	Contents	Learning activities	Resource
2.1. Apply personal	Hygiene of body	o Site visit	- Books
hygiene	 Hygiene of personal 	o Group discussion	- Hand notes

	clothes and specific working clothes	 Brainstorming Oral presentation	Visual aidsPictures
2.2. Select tools ,materials and equipment	 Identification of materials and tools Types of materials ,tools: Materials: ✓ Saucepan Hand tower ✓ Charcoal ✓ Shampoo ✓ After – shampoo ✓ Sprays ✓ Gels. Tools: Combs Scissor ✓ Gloves 	 Site visit Group discussion Brainstorming Oral presentation 	- Combs - Water - Towel - Sprays - Gels Scissor - Chair - Bucket - Cup - Saucepan - Hand tower - Charcoal - Charcoal - Charcoal pan - Shampoo - After -shampoo - Shelves - Gloves
	➤ Equipment: ✓ Chairs ✓ Tower ✓ Charcoal pan ✓ Shelves		

2.3. Arrange materials and tools	 Cleaning procedures Arrangement techniques 	 Site visit Group discussion Brainstorming Oral presentation Demonstration by teacher 	 Shelves Combs Water Towel Sprays Gels. Scissor Chair Bucket Cup Saucepan Hand tower Charcoal pan

Learning unit 3: 3. Apply hair shampooing

Learning outcome **Learning activities Contents** Resource o Site visit 3.1. Manage water using in • Mixing water technics Water shampooing (hot water and cold) Basin o Group discussion o Oral presentation Charcoal • water temperature Charcoal pan (lukewarm) o Demonstration

		o Practical exercises	- Saucepan
3.2. Apply shampooing technics	 Identification of type hair shampoos Identification of hair vitamins Shampooing methods (Using fingers ,remove foils massage scalp): Rinse hair with water After-shampoos Hair massage (2 minutes) Ironing hair with wide-tooth comb Rinse hair with water Toweling hair Massage with vitamins 	 Site visit Group discussion Oral presentation Demonstration Practical exercises 	- Combs - Water - Towel - Sprays - Gels Scissor - Chair - Bucket - Cup - Saucepan - Hand tower - Charcoal - Charcoal pan - Shampoo - After-shampoo - Hand tower - Vitamins

Learning unit 4: Apply finishing shampooing

Lear	ning outcome	Contents	Learning activities	Resource
4.1.	Apply hair drying	 Hair drying methods drying (using hair dryer, brush, comb) combing and drying 	 Site visit Group discussion Oral presentation Demonstration Practical exercises 	BrushCombHair dryerBigoudis
4.2.	Apply hair treatments	 Smearing hair with lotion Massage scalp with lotion and pomade Brush and combing hair 	 Site visit Group discussion Oral presentation Demonstration Practical exercises 	 Brush Hair lotion Hair pomade Comb Hand tower Mirror Chair Water

CM: APPLYING HAIR COLOR PRODUCT			
Competence 4: Apply Hair color product			
RTQF LEVEL: CREDITS: 4 LEARNING HOURS :40			
SECTOR: Beauty		SUB-SECTOR: Hairdressing	
ISSUE DATE:		REVIEW DATE:	

Purpose statement

This Module describe skills and knowledge required to perform treatment. It provides skills and knowledge to apply hair color product. It provides also the skills and knowledge basic skills on cost estimation.

LEARNING UNITS AND PERFORMANCE CRITERIA

Learning units describe the essential outcomes of a competence.

Performance criteria describe the required performance needed to demonstrate achievement of the learning unit.

ELEMENT OF COMPENTENCE	PERFORMANCE CRITERIA
1. Greet and prepare clients for salon services	 Correct Welcome of arriving clients. Proper Preparation of clients for senior operators
2. Prepare work place	 Proper application personal hygiene Proper selection of materials, tools and equipment Proper arrangement of materials, tools and equipment Proper preparation hair color product
3. Apply hair color product	1.Proper application of hair color technics 2.Correct mixing of color product 3.Adequate application of hair product
4. Apply finishing of hair color product	1.Proper Application of hair treatments 2.proper combing on hair color product

COURSE STRUCTURE

The course structure describes the learning outcomes for each learning unit. These learning outcomes are the essential skills and knowledge to be acquired. The contents to be covered for each learning outcome are prescriptive. The Learning Activities contain a series of suggestions, usually with several options, that will guide the learner and the trainer.

Learning unit 1: Greet and prepare clients for salon services Learning hours: 5

Learning outcome	Contents	Learning activities	Resource
1.1.Welcome of arriving clients	 Welcome arriving Client Promptly ,warmly according to the salon procedures Focus attention completely on the client. Indication to client how long before the booked service will begin Making waiting client comfortable and reading 	 Group discussion about client customer for salon services Role play scenario about greeting and preparing clients for salon services Practical exercises about making clients waiting for salon services 	 Reading materials News paper Books Comfortable chairs Television Radio

	 material, according to salon procedures. Notifying senior operator of client's arrival. Making attention on time of customer 		
1.2. Prepare clients for operators senior	 Preparation of client for salon services: Showing client to relevant service area and ensure the client is safely and comfortably seated. Indication that senior operator will consult with client prior to service where relevant according to salon procedures. Confirmation service to be provided with senior operator where relevant. Selection and applying a clean gown or wrap and towels of suitable size for client, according to the planned service and 	 Role play Group discussion Site visit 	 Books Hand notes Visual aids Pictures

salon procedures. - Checking that client is comfortable and offer reading material.	

Learning unit 2: Prepare work place

Learning outcome	Contents	Learning activities	Resource
2.1. Apply personal hygiene	 Hygiene of body Hygiene of personal clothes and specific working clothes 	 Site visit Group discussion Brainstorming Oral presentation 	BooksHand notesVisual aidspictures
2.2. Select tools, materials and equipment	 Identification of materials ,tools and equipment Types of materials ,tools and equipment according to the stage of performance 	 Site visit Group discussion Brainstorming Oral presentation 	 Combs Water Scissor Chair Bucket Cup Saucepan Hand tower Charcoal

			 Charcoal pan Shampoo After –shampoo Pomade Color product Mirror Hair dryer
2.3. Arrange materials and tools	 Cleaning procedures Arrangement techniques 	 site visit Group discussion brainstorming oral presentation demonstration by teacher 	 Shelves Combs Water Towel Sprays Gels. Scissor Chair Bucket Cup Saucepan Hand tower Charcoal Charcoal pan Shampoo After-shampoo
2.4. Prepare hair color product	Types of hair color productMeasuring of color product	Site visitGroup discussion	Plastic bowlColor product

in right proportionTechniques of mixing of hair color product	 Brainstorming Oral presentation Demonstration Practical exercises 	- Spatula - Brush
--	--	----------------------

Learning unit 3: Apply color product

Learning outcome	Contents	Learning activities	Resource
3.1. Apply hair color technics	 Types of styles Hair color technic: Ensuring client and operator comfort and safety at all stages of the color service Following stages and methods of product application as directed by supervising hairdresser. Taking personal precautions to prevent operator skin stain and allergic reactions to color chemicals. Ensuring color application is even and without stain on the scalp or hairline. 	 Discuss on hair color products Brainstorming on how to take personal precaution to prevent operator skin stain and allergic reactions to color Practical exercise on apply hair color products 	 Mirror Hair color products Water Comb Pen Netbooks Chairs Bench Basin Basket Brush Books Shampoo After shampoo Spatula Scissor

	 Ensuring regrowth application does not overlap with previously colored hair. Completing color application within salon timeframes. Safely dispose of waste product, according to salon procedures. 		- Pomade
3.2. Mix color product	 Different color products Methods of mixing color product: Quantity of water Quantity of product Mixing procedures 	 Site visit Group discussion Brainstorming Oral presentation Demonstration Practical exercises 	 Combs Water Towel Scissor Chair Bucket Cup Hand tower Color product Spatula
3.3 Apply hair color product	 Styles color products: Straight line Oblique line Round line Hair color product technics: Combing Designing lines 	 Site visit Group discussion Brainstorming Group presentation Demonstration Practical exercises 	 Mirror Hair color products Water Comb Chairs Basin Basket

Color product application	BrushShampooAfter shampoo
- Precautions using color products - Respect time provided	 Spatula Scissor Pomade Gloves Hand tower

Learning unit 4: Apply finishing of hair color product

Learning outcome	Contents	Learning activities	Resource
4.1.Proper Application of hair treatments	 Methods of rinse hair color product Procedures of drying hair color product Application of hair pomade 	 Site visit Group discussion Oral presentation Demonstration Practical exercises 	CombsWaterTowelScissorChairBucket
4.2.Combine on hair color product	Procedures of combing color product	 Site visit Group discussion Oral presentation Demonstration Practical exercises 	CupHand towerHair pomadeHair dryerMirror

	CM: HAIRCUTTING	
	Competence 4: Apply Basic Hair	cutting skills
RTQF LEVEL:	CREDITS: 7	LEARNING HOURS :70
SECTOR: Beauty		SUB-SECTOR: Hairdressing
ISSUE DATE:		REVIEW DATE:

Purpose statement

This Module Describe skills and knowledge required to perform hair cutting treatment. It provides skills and knowledge to apply hair cutting Techniques, It provides also the skills and knowledge basic skills on cost estimation.

LEARNING UNITS AND PERFORMANCE CRITERIA

Learning units describe the essential outcomes of a competence.

Performance criteria describe the required performance needed to demonstrate achievement of the learning unit.

ELEMENT OF COMPENTENCE	PERFORMANCE CRITERIA
1. Greet and prepare clients for salon services	1. Correct Welcome of arriving clients.
	2. Proper Preparation of clients for senior operators
2.Prepare work place	1.Regular hygiene of work place
	2.Proper selection of materials and tools
	3. proper Arrangement of materials and tool
3.Apply hair cutting technics	1.Proper using tools and equipment
5.Apply half cutting technics	2.Proper identification of hair cutting style
	3. Proper application of different cutting styles
4.Apply finishing techniques	1. Proper cutting of style chosen by customer
4.7 tppiy imisning teeninques	2. Adequate cleaning of customer
	3. Suitable washing of customer

COURSE STRUCTURE

The course structure describes the learning outcomes for each learning unit. These learning outcomes are the essential skills and knowledge to be acquired. The contents to be covered for each learning outcome are prescriptive. The Learning Activities contain a series of suggestions, usually with several options, that will guide the learner and the trainer.

Learning unit 1: Greet and prepare clients for salon services Learning hours: 5

Lear	ning outcomes	Contents	Learning activities	Resources
2.1.	Welcome of arriving clients	 Welcome arriving Client Promptly ,warmly according to the salon procedures Focus attention completely on the client. Indication to client how long before the booked service will begin Making waiting client comfortable and reading material, according to salon procedures. Notifying senior operator of client's arrival. Making attention on time of 	 Group discussion about client customer for salon services Role play scenario about greeting and preparing clients for salon services Practical exercises about making clients 	 Reading materials News paper Books Comfortable chairs Television Radio

2 Prepare clients for senior operators

Learning unit 2: Prepare work place

Learning outcomes	Contents	Learning activities	Resources
2.1. Apply personal hygiene	 Personal hygiene (washing body ,cut nails, avoiding bad smell) Cleaning work place for each client Cleaning used machine (clipper) for each client 	 Site visit Group discussion Brainstorming Oral presentation 	BooksHand notesVisual aidspictures
2. 2. Identify tools ,materials and equipment	 Types of materials ,tools and equipment Identification of materials , tools and equipment 	 Site visit Group discussion Brainstorming Oral presentation 	 'Combs Water Ribbons ornamentation Towel Sprays Scissor Chair
2.3.Arrange materials and tools	Cleaning proceduresArrangement technics	 Group discussion Oral presentation Practical exercises 	PicturesBooksHair cutting materials

Learning unit 3: Apply hair cutting techniques

Lear	ning outcomes	Contents	Learning activities	Resources
3.1.	Use tools and equipment	 Using tools and equipment technics Machine fixing according the style Regulation of power Regulation of clipper attachments 	 Site visit Group discussion Practical exercises 	 Pictures Pen Notebook Clipper Brush Scissor Chair Combos Towel Cloves Dryer chair Imbabura Isafuriya Amakara Water Cup Indobo Mirror Shelves
3.2.	Identify of hair cutting	Differentiation of hair	Sit visit of surrounding saloon	PicturesSurround saloon

style	Types of stylesMethods used for shaving each style	 Group discussion Presentation	- Books
3.3. Apply cutting styles	 Application of layered cut technics Adjustment position of client's head and neck to achieve desired layering structures. Different ways of using cutting machine Taking clean sections or partings and maintain appropriate lift and distribution throughout the haircut according to the haircut plan: Appling hands and scissors parallel to base parting to achieve uniform layering where planned. Position cutting hand with the palm toward or away, up or down as a matter of operator comfort related to the length of hair, the line being cut and the area of the head being cut. Layering techniques:	 Sit visit Group discussion Presentation Demonstration Practical exercises on cutting style 	 Clippers (cutting machine) Haircutting scissor Texturizing scissors Razors Chisels

✓ slicing	
✓ end tapering with	
texturizing scissors	
✓ Strand tapering with	
texturizing scissors	

Learning unit 4: Apply finishing technics

Learning outcomes	Contents	Learning activities	Resources
4.1 Cut of style chosen by customer	 Confirmation service to be provided with the client or supervising barber according to salon procedures. Selection and applying clean gown or wrap and towels to suit the planned service, salon procedures and relevant health regulations. 	 Sit visit Brainstorming Group discussion Practical exercise 	- Scissor - Razor (urwembe) - Brush - Pauder - Essue-main - Cotton - Alcohol - After shave - Hair oil
4.2 Clean a customer	Cleaning technicsRemove gowns /towel	Sit visitGroup discussion	- Mirror - Brush

- Gown 4.3. Suit washing of customer - Washing technics - Protecting client methods - Materials and tools - Materials and tools - Washing technics - Protecting client methods - Materials and tools - Materials and tools - Water - Lave tete - Soap - Protecting client methods - Materials and tools - Powder - Oil - Shampoos - Towel - Gown - Combos
